

# Five steps of Spiritual Direction- CHN

12/16/2024 10:21 am EST

1 page PDF

The document lists the five steps of Spiritual Direction:

1- Welcome: Establish relationship

2-Listening- Allow the directee to express self

3- Explore: The director invites the directee to explore experience and emotions

4- Meaning and discernment: Help the directee to discover meaning of prayer or life experience

5- Moving Forward:If the directee is open to it, provide specific suggestions to move forward.

View document

#13\_Five steps of spiritual direction.pdf 

Contact person: awpmok@yahoo.com.hk

---